

Hungry for Change

Prince George, BC, on the unceded traditional territory of the Lheidli T'enneh First Nation



Where: [Connaught Youth Centre](#), 1491 17th A
Entrance When: Friday April 18, 2025 D
connaughtyouth@gamil.com Our Third Foo

Who We Are

Connaught Youth Centre Society began in 2009 through an Indigenous Youth Gang Prevention Project addressing systemic barriers facing Northern First Nations youth. CYCS provides free, holistic programs for children, youth, and families, including after-school care, food growing, technology, land-based, therapeutic, and multicultural community programming.



Classroom - Rear Parking Lot - Blue Door
Open: 630pm Film: 7pm Please RSVP
– An All Canadian Film – First We Eat

Project Overview

CYCS started a film program offering monthly documentary screenings on food and farming topics. These events opened public dialogue, created a caring circle for local food growers, and included local food potlucks. Once operations were streamlined and successful, CYCS also offered facility tours showcasing its growing, production, and processing activities.

Key Highlights

The Rapid Stimulus Grant allowed CYCS to create and bridge a small food network by sharing food and farm-related films in Prince George and Willow River, leading to 15 new connections in Prince George and 12 in Willow River. Internal capacity building at CYCS included Community Kitchen support staff and food safety and systems support. This resulted in enhanced food production and processing for the Community Kitchen program, which supports vulnerable children, youth and families in Prince George. The bridged network also increased awareness of the value of regional healthy food system approaches to serve vulnerable urban and rural populations.



Stories of Impact

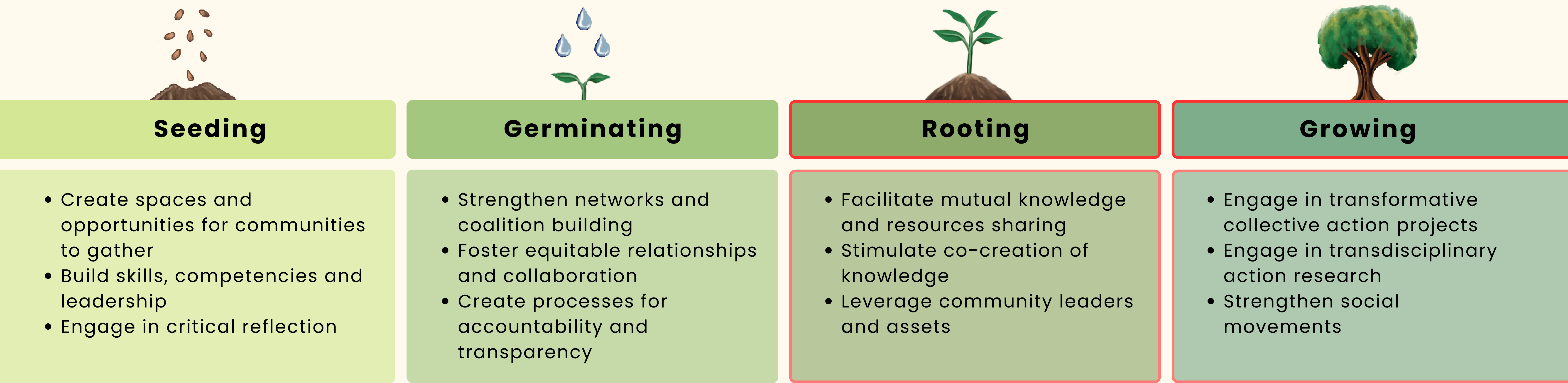
“These film nights have great potential to grow into so much more for the community. I am hearing people share their dreams to be farmers and leave more inspired to do so as they experience a local food community support network.”

- CT, participant

Next Steps

CYCS will carry on with the film program into the new school year and will continue building system approaches to serve more vulnerable community members. Aligning with this project, further funding has been received to renovate our food storage and processing room and to purchase more fruit trees and build more raised beds.

Stages of Food Systems Transformation



Contact

Catharine Kendall
connaughtyouth@gmail.com

Acknowledgements

This project was supported by a Rapid Stimulus Grant.

