Public Health Association of BC

FOOD BANKS BC

Community Food Systems Development

#CFSD-BC

Food Friends

Fraser Lake, The traditional and unceded territory of the Nadleh Whut'en and Stellat'en First Nations

FRASER LAKE PUBLIC LIBRARY



Who We Are

The Fraser Lake Public Library's vision is to inspire change by building a connected, inclusive, and thriving community for Fraser Lake and the Regional District of Bulkley Nechako Area D residents. Our mission is to open doors to the world of information, education, and recreation, thereby enhancing the economic, social, and cultural vitality of our community.



Project Overview

In 2024 and 2025, Fraser Lake Public Library connected community through food. We added 13 kitchen tools to our Library of Things, ran food literacy programs, and offered free snacks year-round. Highlights include 47 checkouts, 54 free lunches, 47 Story and Snack participants, and over 2,867 snacks distributed to patrons of all ages.

Key Highlights

Key highlights include increased library visits and strong community engagement. Families responded positively to our food-based programs, showing excitement and appreciation. Children were highly focused and eager to participate in each activity, creating a fun and supportive learning environment. These outcomes highlight the vital role food can play in fostering connection and learning within libraries.



Stories of Impact

One patron shared online, "I love that the Fraser Lake Public Library has a kitchen appliances lending library! All you need is your free library card to borrow them." Another told staff that she couldn't believe we were cooking in the library and was grateful it gave youth the opportunity to learn cooking skills.

Next Steps

We plan to continue offering snacks at the library and will be seeking additional funding to support this. We also hope to secure funding to expand our collection of kitchenware kits. In addition, we plan to continue the Story and Snack Adventures program through the library's regular programming budget.

Stages of Food Systems Transformation



Seeding

- Create spaces and opportunities for communities to gather
- Build skills, competencies and leadership
- Engage in critical reflection



Germinating

- Strengthen networks and coalition building
- Foster equitable relationships and collaboration
- Create processes for accountability and transparency



Rooting

- Facilitate mutual knowledge and resources sharing
- Stimulate co-creation of knowledge
- Leverage community leaders and assets



Growing

- Engage in transformative collective action projects
- Engage in transdisciplinary action research
- Strengthen social movements

Contact

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