

Indigenous Food Sovereignty: Rural and Remote Food Systems

Indigenous Nations throughout Northwestern BC



Who We Are

The Indigenous Food Sovereignty Association (IFSA) supports Indigenous peoples across British Columbia by promoting culturally appropriate food, education, mental health, access to housing, and poverty alleviation. Serving mainly Northwestern BC, IFSA addresses systemic barriers, remote-community challenges, and higher rates of poverty, unemployment, and limited access to food, shelter, healthcare, and social services.



Project Overview

Through the Rapid Stimulus Grant, the IFSA strengthened staff, partnerships, and organizational capacity to expand land-based, culturally safe food sovereignty training for rural and remote Indigenous communities. With rising demand from over 30 BC nations, IFSA enhanced networks, systems, and programs to support Indigenous-led food systems.

Key Highlights

We distributed 15,000 lbs of farm-fresh food and served 1,500–2,000 meals, while establishing two new partnerships. Five workshops and two key IFSA network gatherings were hosted. Additionally, five staff members were trained, mentored, and upskilled, strengthening both our team’s capacity and our community impact.



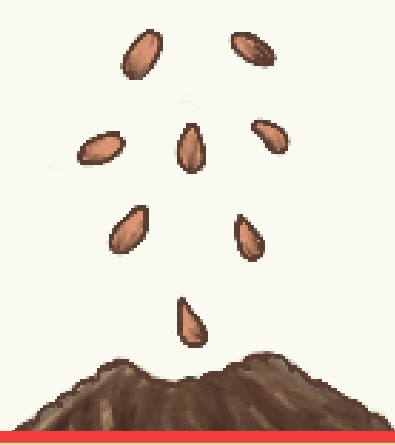
Stories of Impact

IFSA had a very successful end of season community food harvest with about 500 people showing up to the site to harvest and take home farm fresh food that was grown through our 2024 Indigenous Food Sovereignty programs and training.

Next Steps

We will continue to grow our programs through curriculum development and implementing our IFS model in other communities across BC. We will develop our leadership training program to support capacity building for Indigenous food sovereignty leaders.

Stages of Food Systems Transformation



Seeding

- Create spaces and opportunities for communities to gather
- Build skills, competencies and leadership
- Engage in critical reflection



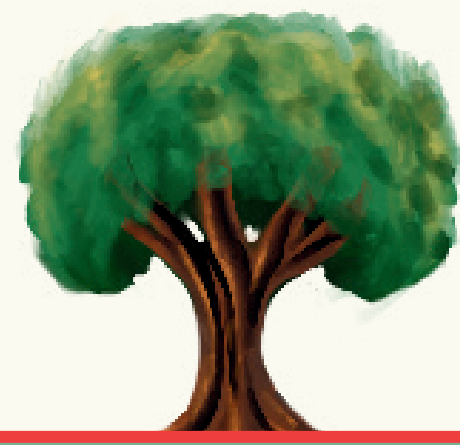
Germinating

- Strengthen networks and coalition building
- Foster equitable relationships and collaboration
- Create processes for accountability and transparency



Rooting

- Facilitate mutual knowledge and resources sharing
- Stimulate co-creation of knowledge
- Leverage community leaders and assets



Growing

- Engage in transformative collective action projects
- Engage in transdisciplinary action research
- Strengthen social movements

Contact

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