

Tempest in a Stockpot

Northern BC, primarily the territories of the
Wet'suwet'en and Gitksan Nations



Who We Are

- Brenda Barritt, Executive Director of Storytellers Society in the Upper Skeena/Gitksan Lax'yip region: Mission is to contribute to community well-being by engaging citizens and building capacity through action learning, programming, and community organizing.
- Christine Bruce, former Food Security Coordinator at Smithers Community Services Association and Community Podcaster on CICK



Project Overview

Tempest in a Stock Pot, based in Smithers, B.C., is producing a 12-episode podcast through CICK 93.9 FM. Focusing on food security in northern B.C., it features conversations with leaders, academics, and community voices to highlight inequities, raise awareness of challenges and potential solutions, inspire grassroots change, provoke reflection, and ultimately influence local and provincial policy.

Key Highlights

To date, we have had 9 interviews that have included site visits to farms and community projects, and learning from academics and historians. The conversations continue, including capturing content at this event. We are starting to see patterns and themes emerge into a working draft of episodes that cover a wide range of food systems topics.



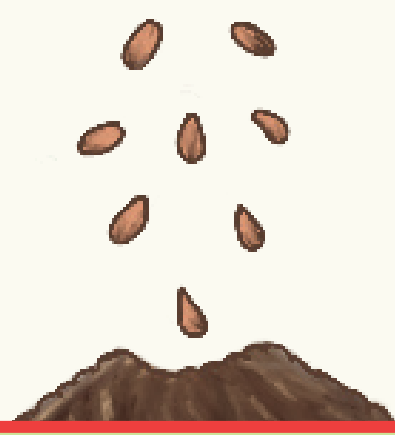
Stories of Impact

When the food system we want to eat from seems impossible to reach, there is hope in the actions people are taking. Across Northern BC, people are impacting different parts of the system and making today better while also creating the elements for a future food system that will be delicious and just.

Next Steps

- Complete interviews and conversations
- Create and edit themed episodes, bringing together topics and patterns from the many interviews and conversations
- Release the twelve episodes to CICK (and possibly CFNR and CFUR), and then through the CRTC to any campus and community radio stations that would like to pick it up, for maximum exposure

Stages of Food Systems Transformation



Seeding

- Create spaces and opportunities for communities to gather
- Build skills, competencies and leadership
- Engage in critical reflection



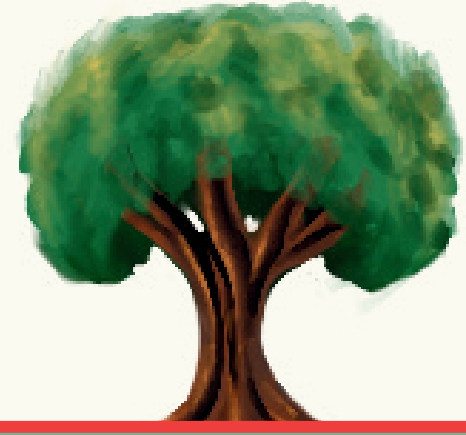
Germinating

- Strengthen networks and coalition building
- Foster equitable relationships and collaboration
- Create processes for accountability and transparency



Rooting

- Facilitate mutual knowledge and resources sharing
- Stimulate co-creation of knowledge
- Leverage community leaders and assets



Growing

- Engage in transformative collective action projects
- Engage in transdisciplinary action research
- Strengthen social movements

Contact

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